

# Health Questionnaire



Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Date \_\_\_\_\_

Family Practice Physician \_\_\_\_\_ Preferred Pharmacy \_\_\_\_\_

### Problems to Discuss During Your Visit:

1. \_\_\_\_\_ 2. \_\_\_\_\_  
 3. \_\_\_\_\_ 4. \_\_\_\_\_

### Do You Have any Allergies?:

*List all allergies including medication, food, skin, environment, etc.*

\_\_\_\_\_  
 \_\_\_\_\_

### Current Medications:

*List all medications including: Medication, Dosage, Prescriber and Reason for medication.*

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### Surgery History:

Date	Type of Surgery	Date	Type of Surgery

### Pregnancy History:

*Include all miscarriages, abortions or tubal pregnancies.*

Date of Delivery	# Weeks at Delivery	Hours in Labor	Birth Weight	Sex	Delivery Type - Vaginal, C-section, Forceps	Complications

### Your Medical History:

*List current problems, past diagnoses and hospitalizations.*

1.	3.	5.
2.	4.	6.

*Examples: Diabetes, Depression, Stroke, Anemia, STDs, High Blood Pressure, Heart Disease, Kidney Disease, Blood Clotting Disorders, Asthma, etc.*

### Your Family's Medical History:

*List current problems, past diagnoses and hospitalizations.*

1.	3.	5.
2.	4.	6.

*Examples: Diabetes, Depression, Stroke, Anemia, STDs, High Blood Pressure, Heart Disease, Kidney Disease, Blood Clotting Disorders, Asthma, etc.*

Do You Smoke? Yes No      How many cigarettes a day? \_\_\_\_\_  
 Do You Drink? Yes No      How much? \_\_\_\_\_      Married \_\_\_\_\_ Single \_\_\_\_\_ Widowed \_\_\_\_\_

# Health Questionnaire



## Reproductive History:

Age of 1<sup>st</sup> Menses \_\_\_\_\_ Date of Last Period \_\_\_\_\_  
 Date of Last Pap Smear \_\_\_\_\_ Date of Last Mammogram \_\_\_\_\_  
 Date of Last Colonoscopy \_\_\_\_\_ Date of Last Bone Density Scan \_\_\_\_\_

Have you ever had an abnormal pap smear? Y N

## Sexual History:

Are you using any method to prevent pregnancy: Yes No  
 If Yes which type (please circle)? Pill Tubal Vasectomy Condoms Depo-Provera IUD Diaphragm  
 Rhythm Other \_\_\_\_\_  
 Do you have pain with intercourse? Yes No

**Instructions:** This is a screening tool for cancers that run in families. Please circle Y for those that apply to YOU and/or YOUR FAMILY. Next to each statement, please list the relationship(s) to you and age of diagnosis for each cancer in your family.

**You and the following close blood relatives should be considered:** You, Parents, Brothers, Sisters, Sons, Daughters, Grandparents, Grandchildren, Aunts, Uncles, Nephews, Nieces, Half-Siblings, First-Cousins, Great-Grandparents and Great-Grandchildren.

## You & Your Family's Cancer History: (please be as thorough and accurate as possible)

Y / N	CANCER	YOU AGE of Diagnosis	PARENTS/SIBLINGS/ CHILDREN	Age of Diagnosis	Relatives on your MOTHER'S SIDE	Age of Diagnosis	Relatives on your FATHER'S SIDE	Age of Diagnosis
Y / N	Breast Cancer (female or male)							
Y / N	Ovarian Cancer (Peritoneal/Fallopian Tube)							
Y / N	Uterine (endometrial) Cancer							
Y / N	Colon/Rectal Cancer							
Y / N	10 or more lifetime colorectal polyps (specify #)							
Y / N	Other cancer(s) (specify cancer type)							
Y / N	Are you of Ashkenazi Jewish descent?							
Y / N	Are you concerned about your personal and/or family history of cancer?							
Y / N	Have you or anyone in your family had genetic testing for a hereditary cancer syndrome? (please explain/include results if possible)							

## Hereditary Cancer Red Flags: Personal and/or family history of any one of the following:

—	<b>Multiple</b> A combination of cancers on the same side of the family:	<ul style="list-style-type: none"> <li>• <b>2 or more:</b> breast/ovarian/prostate/pancreatic cancer</li> <li>• <b>2 or more:</b> colorectal/endometrial/ovarian/gastric/pancreatic/other (i.e., ureter/renal pelvis, biliary tract, small bowel, brain, sebaceous adenomas)</li> <li>• <b>2 or more:</b> melanoma/pancreatic</li> </ul>
—	<b>Young</b> Any 1 of the following at age <b>50 or younger:</b>	<ul style="list-style-type: none"> <li>• Breast cancer</li> <li>• Colorectal cancer</li> <li>• Endometrial cancer</li> </ul>
—	<b>Rare</b> Any 1 of these rare presentations at <b>any age:</b>	<ul style="list-style-type: none"> <li>• Ovarian cancer</li> <li>• Breast: Male breast cancer or Triple negative breast cancer</li> <li>• Colorectal cancer with abnormal MSI/IHC, or MSI associated histology</li> <li>• Endometrial cancer with abnormal MSI/IHC</li> <li>• 10 or more colorectal polyps</li> </ul>