

## Informed Consent For Prenatal Care

### **Purpose Of Consent:**

You have asked to receive your prenatal care at Monarch Health Care. For you to be able to make informed decisions to receive prenatal care, you should be aware of what is offered routinely to all pregnant women at our office. You should also know the risks and benefits of receiving this care. This form describes the procedures and possible benefits and risks to you and your baby.

### **Risks And Benefits:**

Women who receive early and regular care are more likely to have healthier babies. By participating in prenatal care, you will become more informed about your pregnancy and are more aware of what you should and should not be doing while pregnant.

### **We will obtain the following today:**

- Review your medical and family history
- Physical exam
- Weight and blood pressure
- Urinalysis and blood work
- Initial OB ultrasound

### **On your next visits:**

- Urine sample testing
- Blood pressure and weight checks
- Group Beta Strep testing
- Evaluation of your baby
- Screening for gestational diabetes
- 2D Ultrasound at 20 weeks  
(3D ultrasound available between 28-34 weeks for an additional charge).

### **Tests Required:**

The Bureau of Vital Statistics, along with Chapter 10 of Idaho Code #39-1001, recommends that all pregnant women are tested for the following: HIV, Syphilis, Gonorrhea and Chlamydia, Hepatitis B.

Other testing may include: CBC, TSH, Rubella status, Blood typing and RH Factor.



**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_